

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 2/2/2016	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve a FY 2015-16 renewal contract with San Luis Obispo Office Of Education not to exceed \$71,400 to provide drug and alcohol counseling services. Districts 2, 4 and 5.			
(5) RECOMMENDED ACTION It is recommended that the Board approve a FY 2015-16 renewal contract with the San Luis Obispo Office of Education (COE) in the amount not to exceed \$71,400 to provide drug and alcohol counseling services.			
(6) FUNDING SOURCE(S) Medi-Cal, School District	(7) CURRENT YEAR FINANCIAL IMPACT \$71,400.00	(8) ANNUAL FINANCIAL IMPACT \$71,400.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input checked="" type="checkbox"/> N/A Date: _____	
(17) ADMINISTRATIVE OFFICE REVIEW Morgan Torell			
(18) SUPERVISOR DISTRICT(S) District 2 District 4 District 5			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 2/2/2016

SUBJECT: Request to approve a FY 2015-16 renewal contract with San Luis Obispo Office Of Education not to exceed \$71,400 to provide drug and alcohol counseling services. Districts 2, 4 and 5.

RECOMMENDATION

It is recommended that the Board approve a FY 2015-16 renewal contract with the San Luis Obispo Office of Education (COE) in the amount not to exceed \$71,400 to provide drug and alcohol counseling services.

DISCUSSION

On an annual basis, Behavioral Health secures contracts with school districts to provide drug and alcohol prevention and early intervention school site counseling services. In addition to the prevention and early intervention counseling services, Drug Medi-Cal services are now being offered to students identified by Behavioral Health Drug and Alcohol Specialists as in need of treatment who also qualify for Medi-Cal.

Under this renewal contract, Specialists will work directly with at-risk youth in County Office of Education (COE) operated schools conducting risk evaluations, individual and group prevention counseling, and will also act as on-campus liaisons with school staff for issues involving student substance abuse at the following locations: Mesa View Community School in Arroyo Grande, Chalk Mountain Community School in Atascadero, and Loma Vista Community School in San Luis Obispo. Specialists will refer students who are in need of more intensive and/or treatment services to the new on-campus Drug Medi-Cal programs at all three locations.

The duration of service under this contract is for the school year only (September 1, 2015 through June 30, 2016). Contract negotiations do not begin until early in the school year, when districts are confident about funding, and are historically not finalized until fall. The Department prefers to submit the renewal contracts requiring Board approval for drug and alcohol services at school districts as a single Board action. Due to multiple staffing changes this year at COE, a district in the County, the COE contracts were further delayed and not submitted with the other contract (with San Luis Coastal Unified School District) for similar services approved by the Board on [November 3, 2015](#).

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved this contract to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2015-16 contract with the COE is in the amount not to exceed \$71,400. The FY 2015-16 adopted budget includes the costs associated with providing counseling services and Drug Medi-Cal services to students within these school districts. No budget adjustment is required and approval of the contract does not increase the level of General Fund support required by the Department.

RESULTS

Drug and Alcohol Specialists administer assessments and surveys to students receiving services and report the outcomes to the appropriate COE staff. The outcomes have been added to the contract, above and beyond what is required by the district. The contracted outcomes are a summarized result of multiple assessment tools. Counseling goals are unique to each individual.

Not all children are initially assessed as needing specific behavioral interventions (eg: prescription drug use) so sample sizes vary according to the needs of each individual. While Specialists serve the entire student population of over 250 students, intensive services will be provided to approximately ninety (90) students annually. In FY 2014-15, the County began providing some services to students mid-year so the actual number of students served was lower (53) than anticipated (90). The FY 2014-15 actual results are stated below, and the FY 2015-16 contracted outcomes will remain the same. It is anticipated that 90 students will receive individualized services in FY 2015-16.

Contracted Outcome	FY 2014-15 Actual
Reduction in 30-Day drug and alcohol use	77% of students reported a reduction in alcohol use (37/48). 94% of students reported a reduction in prescription drug use and misuse (50/53).
Reduction in disciplinary referrals	96% of students served reported reduced disciplinary referrals. (48/50). This outcome is also tracked by the schools and not available until annual school reports are released on year in arrears.
Maintenance or improvement in school attendance	77% of students served (41/53) reported improvement or maintenance in school attendance.
Improvement in wellness as measured by: <ul style="list-style-type: none">• Reduction in risk factors (eg: self-harm, suicidal ideation, depression) and• Improvement in protective factors (eg: coping skills, positive peer and adult relationships, school involvement)	96% of students served (51/53) demonstrated improved wellness.

The counseling services provided under this contract with the County Office of Education is part of a larger continuum of care that aims to improve the quality of life of those served. Providing the most appropriate services to the students reduces risk factors, improves protective factors, and increases the probability of positive treatment outcomes. Services provided under this contract contribute to the County vision of a healthy and safe community and demonstrate the above and beyond service provided by a world class organization.

ATTACHMENTS

1. 2015-16 County Office Of Education Drug and Alcohol contract